

# January 2019 Menu



	Mon	Tue	Wed	Thu	Fri
			2 Yogurt <b>Nacho Chips</b> Animal Crackers	3 Vanilla Wafers <b>Meatballs &amp; Noodles</b> Pretzel	4 Graham Crackers <b>Chicken Nuggets</b> Cookies
AM SNACK: JUICE	7 Animal Crackers <b>Corn Dogs</b> Goldfish	8 Bagels w/ Butter <b>Taco Salad</b> Cottage Cheese	9 Muffins <b>BRING YOUR OWN LUNCH</b> Carrots & Dip	10 Yogurt <b>Mostaccoli w/ Meat Sauce</b> Cheese & Crackers	11 Graham Cracker <b>Cheese Quesadilla</b> Cookies
LUNCH: MILK, VEGETABLES, FRUIT	14 Vanilla Wafers <b>Ham Sandwich</b> Cheez-Its	15 Muffins <b>Chef Salad w/ Roll</b> Cereal W/Milk	16 Animal Crackers <b>Ham Sandwich</b> Carrots & Dip	17 Vanilla Wafers <b>Beef-a-Roni</b> Bananas	18 Muffins <b>Meat Lassagna</b> Ice Cream & Brownies
PM SNACK: MILK	<i>Martin Luther King day</i> 21 Graham Cracker <b>Ham &amp; Potato Casserole</b> Cereal w/ Milk	22 Cottage Cheese <b>Homemade Mac &amp; Cheese</b> Pretzels	23 Muffins <b>BRING YOUR OWN LUNCH</b> Goldfish	24 Vanilla Wafers <b>Hot Dog W/ Bun</b> Fruit Cocktail	25 Graham Crackers <b>Cheese Quesadilla</b> Pudding
	28 Vanilla Wafers <b>Ham &amp; Potato Casserole</b> Animal Crackers	29 Apple Sauce <b>Chicken Alfredo</b> Yogurt	30 Animal Crackers <b>Turkey Sandwich</b> Cheez-its	31 Graham Crackers <b>Mostaccoli W/Meat Sauce</b> Apple Sauce	February 1 Bagels W/Butter <b>Fish Sticks</b> Cookies