## Great Lakes Child Development Center 4195 13 Mile Road Warren, MI 48092 (586)268-8500

## **Nutrition Policy**

Lunch menus are posted monthly next to the sign in sheet. If there is an item on this menu that your child is allergic to and or does not like it is the parent's responsibility to send an alternative item.

Two snacks and one hot lunch will be provided to your child each day of attendance. Please review the following list of possible snacks and circle any items your child may be allergic to. Also, please feel free to list any specific food allergies or preferences which may involve foods not listed below. Once again, it is the parent's responsibility to provide any additional food for that specific preference.

## Possible snacks:

| Apple Juice Milk Crackers Animal Crackers Cottage Cheese Vanilla Wafers Fresh Fruit Yogurt  | Fresh Vegetables Cheese Pretzels Cookies Cereal Bagels with Butter Cheez-its Goldfish | Rolls with Butter Ice Cream Brownies Fruit Cocktail Muffins Pudding Graham Crackers Rice Krispy Treats |
|---|---|--|
| Please note: Cooking activities, birthdays and holidays are all occasion when special foods may be served   |   |  |
| Please complete the form below and return it to the office  |   |  |
| I have reviewed the above list of possible foods that my child(ren) may be served at Great Lakes Child Development Center. I have circled and or made a note of all foods my child may not be served due to allergy, food preference, religious beliefs, etc. I understand it is my responsibility to provide any additional food/drink that I want my child to have which is not specifically on the list. |   |  |
| Child's Name  |   | Date   |
| Parent's Signature  |   |  |