October 2020 Menu

	Mon	Tue	Wed	Thu	Fri	Sat
	Sept. 28 Graham Crackers Smoked Sausage Pretzel	Sep. 29 Vanilla Wafers Beef-A-Roni Cucumbers & Dip	Sept. 30 Cottage Cheese Ham Sandwich Oranges	1 Yogurt Chicken Alfredo Goldfish	2 Cereal w/Milk Nacho Chips & Cheese Pudding	
	5 Graham Crackers Ham & Potato Casserole Cheez-Its	6 Vanilla Wafers Taco Salad Oranges	7 Animal Crackers Turkey Sandwich Cheese & Crackers	8 Yogurt Mostaccioli w/Meat Sauce Goldfish	9 Muffins French Toast w/Sausage Cookies	
AM SNACK: JUICE	12 Cereal w/Milk Nacho Chips & Cheese Pretzels	13 Animal Crackers Homemade Mac & Cheese Cereal w/Milk	14 Bagel w/Butter BRING YOUR OWN LUNCH Cottage Cheese	15 Graham Crackers Chef Salad w/Roll Cheez-Its	16 Vanilla Wafers Cheese Quesadilla Ice Cream & Brownies	
LUNCH: MILK, VEGETABLES, FRUIT	19 Yogurt Smoke Sausage Cheese & Crackers	20 Vanilla Wafers Chicken Alfredo Pretzel	21 Muffins Ham Sandwich Oranges	22 Apple Sauce Chicken Pasta Goldfish	23 Animal Crackers Fish Sticks Pudding	
PM SNACK: MILK	26 Apple Sauce Meat Lasagna Carrots & Dip	27 Graham Crackers Chicken Noodle Soup Fruit Cocktail	28 Vanilla Wafers BRING YOUR OWN LUNCH Cheez-Its	29 Animal Crackers Beef-A-Roni Pretzel	30 Party Snack Halloween Pizza Party Party Snack	