




# July 2022 Menu



	Mon	Tue	Wed	Thu	Fri	Sat
						1 Cereal w/milk <b>Pizza</b> Pudding
	4 Happy Independence Day! 4th of July Center Closed	5	6	7	8	
<b><u>AM SNACK:</u></b> <b><u>JUICE</u></b>	11 Vanilla Wafers <b>Nacho Chips &amp; Cheese</b> Pretzels	12 Animal Crackers <b>Chicken Pasta Salad</b> Goldfish	13 Graham Crackers <b>Bring Your Own LUNCH</b> Oranges	14 Watermelon <b>Beef-A-Roni</b> Cheez-its	15 Cereal w/milk <b>Meat lasagna</b> Cookies	
<b><u>LUNCH:</u></b> <b><u>MILK,</u></b> <b><u>VEGETABLES,</u></b>	18 Yogurt <b>Smoked Sausage w/ Crackers</b> Cheez-its	19 Banana <b>Chef Salad w/roll</b> Animal Crackers	20 Muffins <b>Ham Sandwich</b> Pretzels	21 Animal Crackers <b>Meatball w/ noodles</b> Cucumbers w/dip	22 Cottage Cheese <b>Chicken Nuggets</b> Rice Krispie Treat	
<b><u>PM SNACK:</u></b> <b><u>MILK</u></b>	25 Graham Crackers <b>Ham &amp; Potato Casserole</b> Goldfish	26 Watermelon <b>Homemade Mac &amp; Cheese</b> Pretzels	27 Bagels w/butter <b>Bring Your Own Lunch</b> Cheez-its	28 Vanilla Wafers <b>Chicken Alfredo</b> Oranges	29 Yogurt <b>Fish Sticks</b> Brownies & Ice Cream	